18.11.25 The Rest of the Story Genesis 2.1 – 3 Notes

How can we engage in  ?

Purposeful rest means to:

1. **Stop and start .** Exodus 20.11; Psalm 66.4, 19.1

Setting the Sabbath apart involves:

from ordinary labors

Directing our  toward God

Contemplating the  of God

God as Creator and Sustainer of the universe

Sabbath rest is .

1. **your .** Exodus 31.17

Rest gives  to the .

Failing to stop and rest doesn’t make you more .

How are you staying sharp for God?

1. **Ready yourself for .** Deuteronomy 5.12-15; Revelation 5.13

The second giving of the 10 commandments points us to the future God has for us.

Pursue  rest.